

Scituate Family Chiropractic

Spring 2010

MARK TWAIN SPEAKS HIS MIND

"It's better to keep your mouth shut and appear stupid than to open it and remove all doubt."

"Life would be infinitely happier if we could only be born at 80 and gradually approach 18."

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great."

"The only limitations you have are the ones you are willing to accept."

ACTUAL CHILDREN'S SCIENCE EXAM ANSWERS:

Q: Name a major disease associated with cigarettes.
A: Premature death.

Q: How are the main parts of the body categorized? (e.g., abdomen.)

A: The body is consisted into three parts - the brainium, the borax and the abdominal cavity. The brainium contains the brain; the borax contains the heart and lungs, and the abdominal cavity contains the five bowels, A, E, I, O, and U.

Q: What is the fibula?
A: A small lie.

(I do love this one...)

Q: What does "varicose mean"?
A: Nearby.

Q: Give the meaning of the term "Caesarean Section."

A: The Caesarean Section is a district in Rome.

Q: What does the word "benign" mean?

A: Benign is what you will be after you are eight.

NATURAL WAYS

a HOLISTIC APPROACH TO BETTER HEALTH

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About the Doctors...

I am originally from north county San Diego, California. After graduating from Western States Chiropractic College in Portland Oregon where I sat for and passed the National Chiropractic Board Examination and the Oregon State examination in 1985. I then opened an office in Portland and practiced there from 1985 until 1992. While practicing full time I also taught clinical sciences at Western States Chiropractic College from 1988 until 1992. During that time I met my former husband, a native of Rhode Island. After he graduated from Western States in 1992 we moved here to Rhode Island where I sat for and passed the Rhode Island, Massachusetts and Connecticut State boards.

Education University of California-San Diego, Portland State
1979-Bachelor of Science, Pre-Med
Western States Chiropractic College
1985-Doctorate of Chiropractic

Professional Licensure National Board of Chiropractic
Oregon, Rhode Island, Massachusetts and
Connecticut State Boards of Chiropractic

Professional Experience Private Practice, Portland Oregon 1985-1992
Examiner-Oregon State Board of Chiropractic 1988
Director of Clinical Sciences-Western States Chiropractic College 1988-1992
Private Practice, Scituate Family Chiropractic 1992

I am constantly updating my skills, licensure and certifications, especially in the fields of nutrition, botanical medicine, orthopedics, sports injuries, women's health care, pediatrics, geriatrics and new chiropractic adjusting techniques. Thank you for your interest in my qualifications and my practice; it would be an honor to be of service to you.

Dr. Denise E. Greber Draeger

and join us in welcoming Dr. Sarah Kochanski

I currently reside in Fall River, Massachusetts. After attending the University of Massachusetts Amherst with a bachelor's degree in Exercise Science, I enrolled at New York Chiropractic College in Seneca Falls, NY. With two years spent upstate, I moved to Long Island, NY to finish the last year of the three year program with my clinical rotation. I graduated with Honors from New York Chiropractic College in November of 2009 after sitting and passing the National Chiropractic Board Examination. I am currently licensed as a chiropractor in the states of Massachusetts and Rhode Island.

Education University of Massachusetts, Amherst
2006-Bachelor of Science, Exercise Science
New York Chiropractic College
2009-Doctorate of Chiropractic, Honors

Professional Licensure National Board of Chiropractic
Rhode Island and Massachusetts State Boards of Chiropractic

Related Experience Chiropractic Intern with Levittown Health Clinic, New York 2009
Preceptor Program - Chiropractic Intern with Khalsa Chiropractic, Cambridge, MA and Joint Ventures Physical Therapy, Boston MA 2009

I am passionate about helping my patients achieve whole body health and wellness, where I treat the entire person, not just solely their symptoms. With my background in Exercise Science, I enjoy working with all types of athletes and generally active populations. I am constantly looking for further opportunities to enhance my education and skills so that I am able to provide you with the best possible care. Thank you for choosing Scituate Family Chiropractic and I look forward to meeting you. Thank you for your interest in my qualifications and my practice; it would be an honor to be of service to you.

Dr. Sarah E. Kochanski

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Page 2

CALL YOUR CHIROPRACTOR IF:

- You have pain behind your eyes.
- You have pain that makes you dizzy.
- You have pain in your temples.
- You have pain in the back of your head on one or both sides.
- You have a pain that goes down the back of your neck into the tops of your shoulders
- You have a constant spasm in your shoulders that radiates up into your neck.
- You have a headache that persists for three or more days.
- Your child complains of a headache that lasts for more than one hour.

Scituate Family Chiropractic

Dr. Denise Greber Draeger DC

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OFFICE HOURS:

Mon: 8:00am - 1:00pm
Tues: 1:00pm - 6:00pm
Wed: Closed
Thurs: 8:00am - 1:00pm
2:00pm - 7:00pm
Fri: 1:00pm - 6:00pm
Sat: By Appointment

The Value of Chiropractic Care

When back pain care extends beyond primary care,

chiropractic is far less expensive than medical care. These findings are from a study that examined the costs of managing low-back pain (LBP) in a managed care organization in northeast Wisconsin. Investigators compared the expense of managing LBP by medical providers (both primary care and other providers) with the expense of managing LBP by chiropractors. According to the report, "allowed costs of chiropractic treatment were 12% greater than medical primary care and 60%



less per case than other types of medical care combined, on a per-case basis: median cost of medical primary care was \$365.00, chiropractic care was \$417.00, and medical nonprimary care was \$669.00." "This study suggests chiropractic management as less expensive compared with medical management of back pain when care extends beyond primary care. Primary care management alone is virtually indistinguishable from chiropractic management in terms of costs."

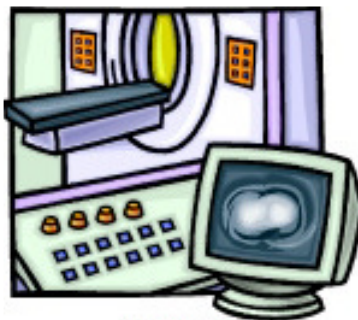
Increased MRI Availability Leading to Unnecessary Surgeries

An increase in magnetic resonance imaging (MRI)

in patients with low-back pain appears to be leading to a boost in unnecessary and ineffective back surgeries, says researchers at Stanford University School of Medicine in California.

Investigators determined the availability of MRIs in 318 metropolitan regions in the U.S.

patient's back pain, in turn leading to unnecessary and ineffective surgeries. Also, the MRIs were conducted within a month of visiting a doctor, and many cases of low-back pain resolve within a few months without intervention.

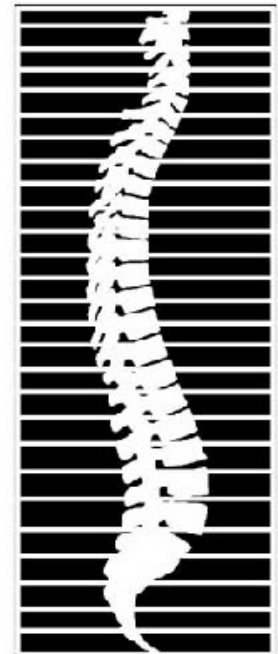


They found that greater MRI availability was linked with a higher rate of low-back surgery among fee-for-service Medicare recipients.

The study's authors call this trend "worrisome" because MRIs often detect abnormalities that are not the cause of the

Natural Ways

a holistic approach to better health



WANTED

NICE DOCTOR SEEKS NICE PATIENTS
New Patients Wanted...

- Most insurances accepted.
- Same day appointments.
- Massage and/or electrical therapy offered with chiropractic treatment.
- 25 years of experience.

VOTED #1 FAVORITE CHIROPRACTOR
(BY MY PATIENTS)

Dr. Denise Greber Draeger DC
Scituate Family Chiropractic

CALL US TODAY
401-647-2550

VISIT OUR WEBSITE
go2sfc.com